

Honeysuckle Reading List

The Honeysuckle Team have compiled a list of books for adults to support in the grief process following baby loss. All books are widely available - many are available for reading on your smart phone or tablet.

- After Finley by Mel Scott
- Ask Me His Name by Elle Wright
- The Baby Loss Guide by Zoe Clark-Coates
- Bearing the Unbearable: Love, Loss, and the Heart Breaking Path of Grief by Joanne Cacciatore
- Beyond Grief by Pippa Vosper
- The Brink Of Being by Julia Bueno
- The Burden of Choice: Collected Stories from Parents Facing a Diagnosis of Abnormalities During Pregnancy by Georgina Pearson
- Grief Works by Julia Samuel
- Hope And Healing After Stillbirth And Baby Loss by Kevin Gournay
- If Not For You by Georgina Lucas
- Life Almost by Jennie Agg
- Men and Miscarriage: A Dad's Guide to Grief, Relationships, and Healing After Loss by Aaron Gouveia
- Miscarriage Grief Journal: 48 Journaling Prompts to Process the Loss of a Baby by Rachel Floyd

- The Miscarriage Map: What To Expect When You Are No Longer Expecting by Dr Sunita Osborn
- The Phantom Father by Richard Ellis – *only available on Kindle*
- Saying Goodbye by Zoe Clark-Coates
- Stillborn, Still Loved: Grieving the Loss of an Infant Through Journaling by Rachel Floyd
- Whole: Navigating The Trauma Of Pregnancy Loss by Heather Dolson
- The Worst Girl Gang Ever By Bex Gunn and Laura Buckingham

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