The foundation true NHS Foundation true

Tilbu

Liverpool Women's to host one of the first 40 new Community Diagnostic Centres

Also in this edition...

- SPACE a new Liverpool-based network launched
- 오 The Mona Lisa Appeal: Abby's Story
- Sereavement Support Officer, Sarah Martin running for national award

Welcome to 2022

Hello everyone and welcome to the first edition of 2022. I'm sure you will join me in welcoming a new year which will hopefully allow us to gradually get back to normal after a very tough and challenging couple of years.

That being said, despite the impact of COVID-19 we have still functioned as close to normal as possible and continued to care for thousands of patients along the way.

I'm excited to hear the plans our charity has in place in the coming months, with lots of events and challenges for everyone to get involved in. I'm also delighted by the prospect our annual staff awards event, Dedicated to Excellence will be back as a face to face event.

I'm sure you will agree the staff here at Liverpool Women's are second to none and have worked tirelessly throughout the last two years to keep our services going during each wave of the pandemic. To bring the awards back and celebrate our staff in a way they truly deserve, makes me happy. We receive lots of feedback each week about the exceptional care you received here at the Women's.

> The awards are a perfect opportunity for you to show your support by nominating your favourite team or individual in the 'patient experience category'. Keep a look out on our social media pages in the coming weeks for more details and information on how to vote.

Best wishes,

Kathryn Thomson Chief Executive

Liverpool Women's to host one of the first 40 new Community Diagnostic Centres

"Work has commenced on our new Imaging and Colposcopy Unit and we are delighted to be working in partnership again with Tilbury North. This comes after the completion of our amazing Neonatal Unit and Fetal Medicine Unit (FMU)."



Patients across Liverpool will benefit from earlier diagnostic tests closer to home thanks to investment in a new testing centre at Liverpool Women's Hospital. The Trust has secured a share of £350m national funding to be one of the first 40 new Community Diagnostic Centres (CDCs) announced by the Government and NHS.

The Liverpool Women's Hospital is developing a new Community Diagnostic Centre (CDC) in partnership with Liverpool Heart and Chest Hospital on the Crown Street site. This will provide faster access to essential diagnostic tests for people across the local area, in a location closer to home and away from acute hospital sites.

The CDC will also help to reduce some of the current clinical challenges Liverpool Women's Hospital encounters by giving its patients direct access to more diagnostic services on site, without having to be transported to other locations. The CDC will deliver a range of tests such as X-ray and ultrasound, as well as cardiac and respiratory diagnostics including ECGs and echocardiograms. These services are anticipated to be online during spring this year, followed by CT and MRI scans which are planned to be delivered by December 2022.

Eva Horgan, Chief Finance Officer at Liverpool Women's, said:

aiting Area

eatment

ecover

"This new investment will provide essential diagnostic tests to patients in the local area whilst also supporting Liverpool Women's patients to get access to tests on site that were not possible before."

The centres will help achieve:

- Earlier diagnoses for patients through easier, faster, and more direct access to the full range of diagnostic tests needed to understand patients' symptoms.
- A reduction in hospital visits which will help to reduce the risk of COVID-19 transmission; and
- A contribution to the NHS' net zero ambitions by providing multiple tests at one visit, reducing the number of patient journeys and helping to cut carbon emissions and air pollution.

Liverpool Women's has been awarded initial funding of over £5m for this programme. When completed, the new centre on the Liverpool Women's Hospital site will provide tests for a range of patients across the city and will see the Trust working collaboratively with other providers to deliver services. The centre will be developed in conjunction with the Crown Street Enhancements Programme and regular updates will be shared with staff regarding the plans over the coming weeks and months.

There are still details to confirm such as what the new centre will be called, plans for the development phases of the centre, and exact timescales for when services will start to be delivered, so please keep a look out for more information. It's really important to us to understand what our community, our members and the people using our services think of our plans; we want to hear your views and have created a brief survey and would be really grateful if you could share your thoughts with us.

View here

Miscarriage and infertility peer support network launched

SPACE is a new Liverpool-based network that offers peer support to women who have experienced miscarriage or infertility – either recently, or at any time in the past.

The network was started up by a small group of friends who met during their own miscarriage and fertility journeys, and felt inspired to create a local support space for other women facing similar struggles.

It's a SPACE. to:

CONNECT: with others facing similar struggles SHARE: our stories and experiences SUPPORT: one another as a network of friends GRIEVE: without any judgement or pressure REMEMBER: the babies we have lost CAMPAIGN: to advocate for better care

The SPACE network is completely free to access, and offers the following support:

- Small group support a monthly online drop-in evening (currently online) is held on the final Thursday of each month for women affected by these issues to connect informally for a cuppa and chat 1-2-1 peer support – an option for women who would rather chat to someone else with a similar story in a one-to-one setting, over a phone call/online chat, or face to face for a coffee or walk.
- Website support online support including a private facebook space, real stories from local women, and signposting to lots of other recommended resources and support such as helpful books, podcasts and other organisations.

"Every time we are brave, we make the people around us a little braver."

Brené Brown

SPACE.

The network is open to any woman in the Merseyside area who would like to connect with other women for peer support.

Find out more or to access the SPACE network: www.thereisspaceforyouhere.com

View here

You can also email the team directly: thereisspaceforyouhere@gmail.com

there is space for you here.



Liverpool Women's Hospital Bereavement Support Officer Sarah Martin running for National Award

Our very own bereavement support officer Sarah Martin has been nominated for an **Our Health Heroes** award in recognition of her work supporting parents and their families whose baby has died as a result of molar, ectopic, early/late miscarriage and stillbirth or just after birth.

Our Health Heroes awards, delivered by Skills for Health, celebrates the thousands of unsung heroes working behind the scenes in the NHS.

The Operational Support Worker of the Year Award 2022 is sponsored by UNISON. Best of luck Sarah!



BOLLYWOOD

26 MARCH 2022

The fantastic group *Women Conquering Cancer* are hosting a Bollywood Dinner at The Florrie to raise funds to support the purchase of the Mona Lisa Laser.

The Laser will provide a new treatment for women suffering from menopausal symptoms. If you would like to show your support please book online via Eventbrite: www.eventbrite.co.uk/e/214768316817



It's going to be a fantastic evening for a great cause!





The MonaLisa Laser appeal: Abby's Story

"I was diagnosed with double cancer during lock down, as scary as that was, I thank my lucky stars every day. I have been supremely lucky throughout my cancer journey, and it was with this in mind that I launched the 'Women Conquering Cancer' campaign in September 2021. This was my way of giving back to the NHS, LWH and all my care team and to help as many women suffering from debilitating symptoms as a result of natural or surgical menopause.

The campaign centres around the Mona Lisa Touch Laser and its aim is to raise £50,000 to enable the LWH to purchase this. This laser offers relief to women suffering from chronic urogenital symptoms. The treatment is quick and very effective and only available privately at the moment and...of course it costs a fortune. My aim is for the LWH to make history by being the first hospital in the country to offer this treatment.

My partners in crime have been Dr Paula Briggs and Kate Davis and we have done really well. Our support grows daily, and we are fortunate enough to have raised a large amount already. I will be holding a Bollywood themed fundraiser on 26 March to raise as much of the rest of the target as possible. The dream is then for the rest of the country to follow in providing this treatment!" The Hormone Therapy associated with breast and womb cancer treatment can leave women with difficult medically induced menopause symptoms.

The MonaLisa Laser is a pain-free treatment that alleviates symptoms but it is only available privately. We would like this option to be readily available to those who need it, regardless of income and need your support. We need to raise over £50,000 to purchase this laser and every penny counts.

Text MONALISALASER to 70085 to donate £10

Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us.

If you would like to donate but don't wish to hear more from us, please text: *MONALISALASERNOINFO* instead.



EIL DAYS

Abseil Anglican Cathedral on 9 and 16 July 2022

Is it on your bucket list to abseil down the Anglican Cathedral? If you would like to get involved and raise some funds for Liverpool Women's Hospital we have three spaces left.

You will be supported by professionals from Pennine Events and it will be a fantastic experience.

Please email: fundraising@lwh.nhs.uk to secure your place.

Liverpool Women's Hospital Charity

Do you love to knit?

We are in need of donations of knitted baby items for our Little Woollens shop. We are currently short of pink and blue cardigans, mittens and booties for babies aged 0-3 and 3-6 months.

All funds raised go to support the Neonatal Unit.

Fashion and funnies!

Pauline Daniels will be hosting our charity fashion show on Thursday 14 April, organised by Paula Johnson from Sparkle Studios Boutique.

Money raised will contribute towards the Gynaecology Unit fund to refurbish a quiet space and specialist bereavement rooms. Our very own gynae division staff will be modelling on the evening!

There will be food, drinks, music and laughter, all for a very good cause.

Ticket sales to be announced soon, keep an eye on our social media and support our event.



Mother's Day competition

Venture Studios Rodney Street, Liverpool are running a competition to win a photographic worth £245, £315 and a whopping £550!

The prizes total more than £5000 and all profits are being donated to Liverpool Women's Hospital. Visit Venture online to be in with a chance of winning one of these fabulous prizes:

www.venturestudiogroup.co.uk/ competition-liverpool-womens



The closing date for entries is Sunday 27 March 2022. Weekly winners will be notified throughout March during the duration of the competition. Good luck!

Looking for a challenge in 2022?

We are looking for keen runners to run in upcoming charity races throughout 2022 to raise money for the hospital.

Races span from 5K to a half-marathon and could be a great challenge for anyone looking to get fit and lend a hand this year.



Liverpool Women's Hospital Charity

You can now make donations directly through our charity's Facebook page and also set up your own fundraiser for the charity.

Simply visit Liverpool Women's Charity Facebook page and follow the simple steps.

If you are interested in fundraising for your department or a specific area of the hospital, email:

fundraising@lwh.nhs.uk to let us know your plans.



YOU CAN Now Donate Donate Through Our Facebook Page