

Liverpool Women's Hospital Charity Newsletter

Summer 2021



**Dedicated to enhancing the
services at
Liverpool Women's NHS
Foundation Trust**



Email: fundraising@lwh.nhs.uk

Social Channels



[@LiverpoolWomensCharity](https://www.facebook.com/LiverpoolWomensCharity)



[@LWHCharity](https://twitter.com/LWHCharity)



[@lwhcharity](https://www.instagram.com/lwhcharity)



[@LiverpoolWomen's](https://www.linkedin.com/company/LiverpoolWomen's)

**Liverpool
Women's
turns 25!**

**Final Phase
of The Big
Tiny Steps
Appeal**

**NHS
Charities
Together**

**Little
Woollens
Shop goes
online!**

**Support our
Covid
Recovery
Appeal**

**Our New
Charity
Lottery**

Charity Number: 1048294

Welcome to the Liverpool Women's Hospital Charity Newsletter



Dear Supporter,

Since we last spoke in April 2020 so much has changed. Covid has continued to affect so much of our lives and it's been a very difficult year for all. As an NHS Charity we have been proud to support our Hospital to continue to give the best possible care to our patients and this has only been possible because of you, our donors. THANK YOU.

We are beginning to see signs of new activity with supporters setting up new Just giving pages and getting in touch to discuss fundraising ideas.

We are also introducing an exciting new programme of events, which are shared on pages 25-28 to support all aspects of the hospitals work. Please do get involved

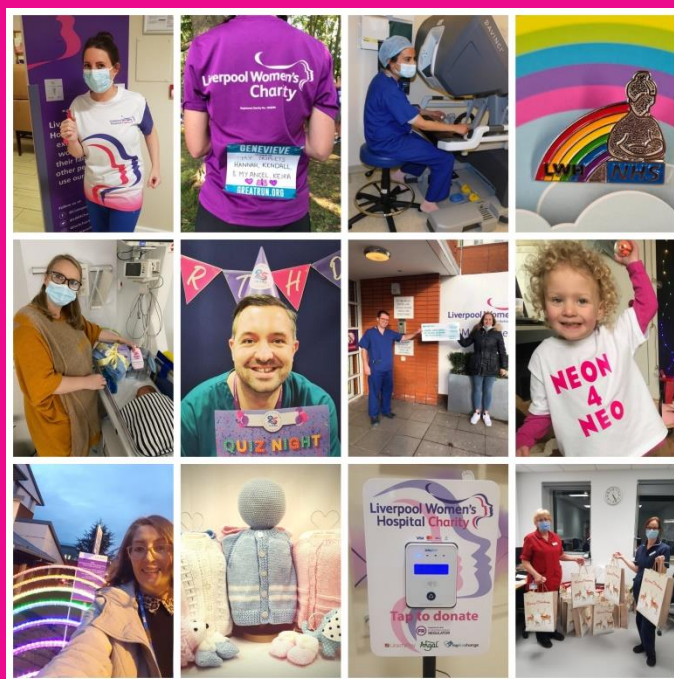
We will also be introducing our new fundraising appeals that are detailed on page 3 & 4. Please keep an eye on our social media channels for the latest news and updates

Please keep in touch with us on fundraising@lwh.nhs.uk The rest of the year is a little uncertain and events and appeals may be subject change but we remain committed to providing our patients with all aspects of care not possible with NHS funding, and that is only possible with you and your continued support!

THANKYOU

Kate Davis
Head of Fundraising

****Please note that some images used in our newsletter were taken prior to March 2020****



Little Woollens goes online!



In December 2020 we were delighted to launch our Little Woollens online shop to allow our community, patients and families to purchase beautiful knitted garments for new additions and have them delivered straight to their door. All items are hand-knitted or crocheted with love by our incredible volunteers. Making a purchase from Little Woollens is a great way to buy hand-made baby items and gifts whilst supporting the work on our Neonatal Unit.



Visit Little Woollens using the QR code to peruse the baby items, gifts and charity merchandise available.
<https://littlewoollensshop.lwh.nhs.uk>



Head of Fundraising, Kate Davis said
"The pandemic and closure of our hospital shop has greatly impacted our fundraising for the Neonatal Unit. The selling of knitted goods for the babies born at LWH has been integral to the success of our fundraising for over 10 years with all monies raised go to the neonatal unit caring for preterm and critically ill babies and contributes to making the facilities the best they can be for families. The launch of the online shop is a really exciting development for the charity"

Special Thanks

We would like to offer sincere thanks to Prodo Digital Chester who facilitated the shop set up and kindly provided their professional services for free. A huge thank you to the LWH Volunteers who assisted with sorting all stock for the online shop, and of course our incredible volunteers who make the beautiful items to sell.



PLEASE NOTE:

Our Little Woollens Shop in the main hospital reception is now open to our patients and staff however visiting restrictions to the hospital remain in place.

Please follow our Little Woollens Facebook page to keep up to date with our latest collections and announcements regarding visiting restrictions.

The Big Tiny Steps Appeal Final Phase

Liverpool Women's Hospital Charity has entered the final phase of the Big Tiny Steps Appeal to undertake a full renovation of our three family flats, located on the hospital site. We aim to create a comfortable living environment for families who may be away from their own home for weeks or sometimes months. With basic amenities and home comforts on hand, and room for siblings to stay, we hope to make a stressful time a little easier.



After being a base for our families for almost 15 years, the existing décor in our flats is tired, the furniture is well-worn and the amenities are in urgent need of being replaced.



It is our intention to

- Introduce brand new facilities such as beds, sofas, cookers, white goods and home furnishings
- Install new showers to each bathroom, making life easier for Mums who may've undergone surgery.
- Create a homely living environment

Having access to amenities such as a cooker, fridge freezer and washing machine would make a big difference to families, allowing them to cook a wholesome meal and wash their clothes, at the end of a long day spent at their babies' cot-side.

Jennifer Deeney, Head of the Neonatal Unit
"It is our wish to replace all existing tired, well used furniture and fully renovate our flats to make a comfortable, homely environment for our families to retreat to at the end of a long, often emotional day on the Neonatal Unit"



Baby AJ's family had access to the family flats had on them during their time at LWH

"We are not a local family and when we learned we could reside in a hospital-maintained flat a 5 minute walk from the hospital we did not go 'home' for at least 50 days. The flat provided enabled us to be close enough to AJ to be there for morning rounds and to leave at night, knowing if needed, we could get back to our daughter in minutes, preventing the physical distance between us and our child."



Liverpool Women's Hospital Charity must raise £70,000 to fully renovate the three on-site flats and are appealing to you for your support.

Through fundraising or a one off donation, the money donated will improve the facilities for our families with babies on the Neonatal Unit.

**Text BIGTINYSTEPS to 70085 to
donate £10**

Texts cost £10 plus a standard rate message

Covid Recovery & Breast Pump Appeals

Covid Recovery Appeal



Like many, COVID-19 has had a devastating impact on our charity's fundraising plans. Since March 2020 we have been unable to hold our planned fundraising events, open our Little Woollens shop, our supporters challenges have been cancelled and our corporate partners workplace fundraising has ceased due to homeworking. We have lost over £70,000 in charitable income that is used to fund patient-focused projects to introduce pioneering state-of-the-art equipment, develop innovative research programmes and improve the clinical environments and services for our women, babies and their families.

We are appealing to the individuals, families and organisations in our incredible city to support us through these challenging times and to help us continue to provide the very best care and experience for our patients and their families.

By making a monthly donation of £3 you will help us recover from Covid and allow us continue to fund the life-changing projects we support.

**Text LWHCHARITY to 70085 to
donate £3 a month**

Texts cost £3 plus two standard rate messages

If you would like to make a **one-off donation of £10** please text **LIVERPOOLWOMENS to 70085** (Texts cost £10 plus one standard rate message) or visit justgiving.com/liverpoolwomen. Any support you can give will make a big difference to our patients and their families.

Liverpool Women's Hospital has been a recognised centre of excellence for 25 years, providing the highest standard of specialist care to women, babies and families across the North West. Our charity supports all areas of the hospital to ensure that our patients have the best experience possible, by providing specialist equipment and services but COVID has had a devastating impact on our fundraising plans.

Breast Pump Appeal



Our Infant Team are appealing to you to help us purchase 100 handheld pumps for mums who need support with breast feeding once discharged.

Were you supported by our Infant Feeding Team or Bambi's during your time at Liverpool Women's or do you just want to help make another Mum's breastfeeding journey a little easier?

A donation of just £10 will enable us to provide a handheld breast pump to a Mum who wants to give breast milk to her baby. You can make a donation via text or by visiting <https://visufund.com/liverpool-womens-breast-pump-appeal>

**Text BREASTFEEDING to 70085 to
donate £10**

Texts cost £10 plus a standard rate message

Join our Lottery!

For as little as £1.00 per week, you can be in with a chance to win £25,000!

We are absolutely thrilled to announce our new charity weekly lottery, operated with Unity Lotteries!



How it works

Support a cause you care about in 3 easy steps:

1. Choose a cause to support and pick how many £1 entries you'd like to play each week
2. Click to join online by Direct Debit or Debit Card, or alternatively download our postal form
3. Fill out your details and click submit, or post your form to our Freepost address

You'll receive your lottery numbers in the post, and we'll let you know when you will start playing.

If you win, Unity will contact you, so there's no need to claim your prize



How do I win?

For every £1 you play each week, you'll receive a unique 6-digit lottery number.

Every Friday, a winning number is drawn at random. Match your digits to win up to £25,000!

The lottery is a number match game. We generate a random 6-digit winning number sequence. If your digits are in same positions as the digits in the winning number sequence, you win a prize!

For example, if the winning number sequence was 123456, the lottery number 163057 would be a 3-digit winning match; because 3 digits are positioned in the same place in the sequence

3 digit match = 5 entries into the next draw

4 digit match = £25

5 digit match = £1,000

6 digit match = £25,000

How do I sign up?

To sign up, simply visit

<https://www.unitylottery.co.uk/causes/liverpool-womens-hospital-charity/>

You can also complete the registration form enclosed and return to:

FREEPOST RLZR-GSYJ-KSZA

Unity Lottery

Furness Gate

Furness Business Park

Barrow-in-Furness

Cumbria

United Kingdom

LA14 2PE

Any queries?

Call the Unity helpline on

0370 050 9240 or visit

www.unitylottery.co.uk

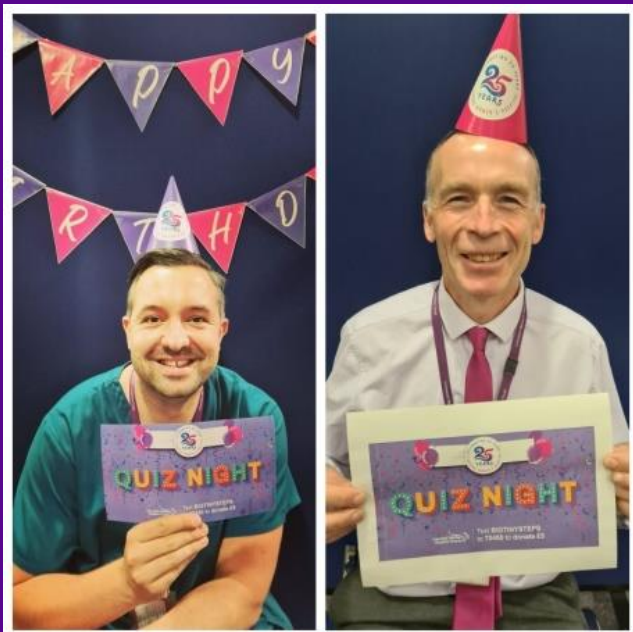
Celebrating LWH at 25!



Liverpool Women's Hospital Charity 25th Birthday Quiz

On Friday 7th August we hosted our 25th Birthday Quiz. The quiz was hosted by none other, Dr Alex Cleator, who is very well known here at the hospital and to the public who have had to use our neonatal services. Alex is known to be an amazing quiz master and he wasn't alone in delivering the quiz. Celebrity guests such as Lee Butler and Jonny Bongo joined Alex in doing special rounds and there was fantastic prizes to be won for the 1st, 2nd and 3rd place! To add to the fun we also ran a cake competition to help celebrate the 25th birthday.

All funds raised went to the Big Tiny Steps Appeal.



25 for 25 Challenge

We are continuing the hospital's 25th birthday celebrations into 2021 by asking supporters to get involved in our 25 for 25 Challenge to raise vital funds for Liverpool Women's and help us care for our future generations.

You can run, cycle or walk 25 miles, dance for 25 minutes, walk up the stairs 25 times, or take part in your own fun virtual challenge. Why not create a challenge for your little ones to involve them in fundraising for the hospital where they were born? It's time to let your imagination run wild! Simply gather sponsorship from friends, family and colleagues to raise funds. Please contact fundraising@lwh.nhs.uk if you would like a Fundraising Pack.

If you are unable to take part in fundraising but would still like to support Liverpool Women's through a charitable donation, please visit <https://www.liverpoolwomens.nhs.uk/charity/>



Thanks to the incredible support of NHS Charities Together, we have been able to fund a number of wellbeing initiatives for staff to help boost morale and acknowledge their amazing efforts during the pandemic.

Work has started to fully revamp our staff conservatory area and make it into a staff relaxation area. Current plans include a place to make drinks or heat up food, outdoor areas where staff can eat and chat, and spaces for staff to escape from the crowd.

We also plan to refurbish existing staff areas across the hospital for staff to use for well deserved breaks from long periods of time in a busy, sometimes intense clinical environment.

The funding has allowed us to make a long term investment in staff welfare and wellbeing through staff structured support sessions to enable staff to discuss/share/offload some of the challenges they have faced during Covid.

The support from NHS Charities Together enabled us to provide our staff with free Christmas lunches in 2020, LWH branded sweatshirts to celebrate the Trust's 25th birthday and bespoke Liverpool Women's rainbow pin badges.



Farewell Captain Sir Tom

In February we said Goodbye to a true gentleman and inspirational NHS fundraiser, Captain Sir Tom Moore. We are so grateful for his incredible fundraising efforts for NHS Charities



Our Liverpool Women's Rainbow

Have you seen our light up rainbow at Liverpool Women's Hospital? Thanks to the support from NHS Charities Together in December we introduced our light up rainbow outside our main reception to spread joy to patients and staff and celebrate the hard work that takes place at Liverpool Women's daily to provide the best care to women, babies and their families.

If you are visiting the hospital for an appointment, please share your selfies with us by tagging @liverpoolwomens and help spread hope and celebrate our incredible NHS!



IT'S TIME TO BREW A NATIONAL THANK YOU

On **Monday 5th July**, we'll take a tea break like no other.

This year, the NHS Big Tea will be a national outpouring of love, thanks, and generosity for the people at the heart of our NHS. At 3pm, we'll be stopping to share our heartfelt gratitude to every clinician, nurse, support worker, hospital porter and paramedic who's put themselves on the line this year to keep us and our loved ones safe.

You can pop the kettle on at home. Share a pot of tea with your colleagues. Take a flask outside with friends and family. Or rally the whole street with brews, biscuits and bunting. Large or small, your outpouring of love will help care for those who cared for us. Every tea, every penny and every pound could help support our wonderful NHS staff. Every penny raised could champion wellbeing, respite, counselling and more for our NHS heroes.

There's never been a better time for a brew.



We've got plenty of goodies to help you get started and plan your tea party, virtually or in person, whichever works best for you.

If you prefer a morning brew, or you're already booked up on 5th July, do organise your Big Tea on whichever day or time suits you best.

Please contact fundraising@lwh.nhs.uk for your NHS Big Tea Fundraising Pack



Our LWH Stars

Support for LWH and the staff during the Coronavirus (COVID-19) pandemic

One year into the Covid Pandemic and the Fundraising Team wanted to pause and reflect on a very difficult but heart-warming and affirming 12 months of love, care and compassion shown to our staff and Liverpool Women's Hospital.

We want to thank all our supporters who stood with us during the pandemic, all the individuals, families and businesses who sent pizzas, cakes, drinks, bread, meals and toiletries and message of support when our staff needed it most.

2020 brought the city of Liverpool together and kindness and compassion shone through.
THANK YOU,
LWH CHARITY

Special thank you to LIL-LETS for their donation of maxi maternity pads for our Maternity Unit. Thank you.



Thank you to CARDDISPENSER UK LIMITED (ID Products) for their amazing 800 washable lanyards for our #LWHSTARS to help with infection control. Thank you for your kindness and support for the Liverpool Women's NHS Foundation Trust



Thank you so much to TETLEY UK for the generous donation of tea bags for our hard-working #LWHSTARS A cup of tea can go a long way when having a hard day! Thank you Tetley

Our LWH Stars

The hospital was overwhelmed by the kindness and support from some generous corporates and members of the community who helped brighten our staff's day. Thank you to **WARBURTONS** for your lovely donation, the staff all commented on how good their toast was to start their day!

Thank you to **THOMAS LEES** for his thoughtful donation of brand new and packaged hiking/sports socks for members of staff who are on their feet all day doing long hours.



Massive thank you to **CALBEE GROUP UK** and **EDGE TRANSPORT** for pairing up to deliver Yushoi Pea-snap products to the Liverpool Women's. This food product is vegan and gluten-free meaning Calbee and Edge Transport could accommodate for all our #LWHSTARS



A BIG thank you to **ACC LIVERPOOL GROUP**, who kindly donated 60+ cotton tote bags, **CDP PRINT MANAGEMENT** and **SITE SUPPLY** supplied 500 tote bags each and **WILD THANG LTD** for their donation of 200 cotton tote bags for our #NHS key workers! This enabled our staff to take their uniforms home to be washed.



A massive **THANK YOU** to **JOHN LEWIS LIVERPOOL** for their amazing donation of car seats, cots and cushions. The items were given to our most vulnerable families that needed them.



Special shout out to **MORRISONS** and **DOMINO'S PIZZA** for their donations made at the hospital for our key workers!

Our LWH Stars

PUJA CRUDDEN and her friends supported Neonatal nurses by their very kind donation of goodies.



Massive thank you to our local CO-OP COMMUNITIES pioneer Llyr Roberts for donating various items from their store on MYRTLE STREET. Thank you Llyr and all members staff at Myrtle Street for your kindness and support.



SANDRA, a stalwart and much loved volunteer on the Gynaecology unit, bakes cakes for the staff every Thursday without fail. COVID-19 has brought a temporary suspension of volunteering activity which means Sandra hasn't seen her friends on the Unit for a few weeks. Missing them dearly, she wanted to do something special so baked and delivered dozens of her scrumptious cakes for the unit. Thank you Sandra for brightening our staff's day



Our Trust Chaplain, Christine Dickinson has been receiving many gifts in kind from her friends and neighbours to be given to our #LWHSTARS This was something that the community and her friends had taken on themselves to do so. The gifts have been amazing and some of the children of the families have drawn pictures and thank you cards. Thank you to CHRISTINE'S COMMUNITY IN SPITAL, WIRRAL – we are so grateful for your kindness and support

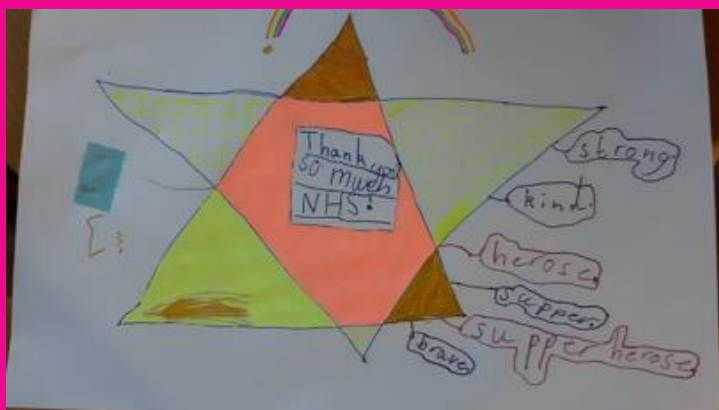
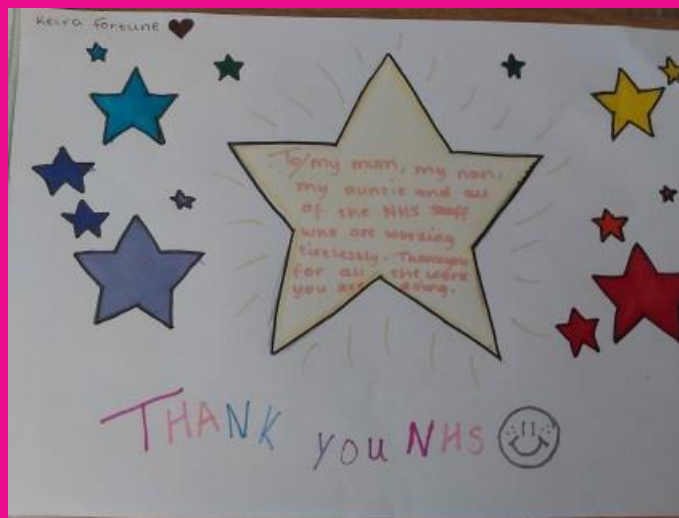
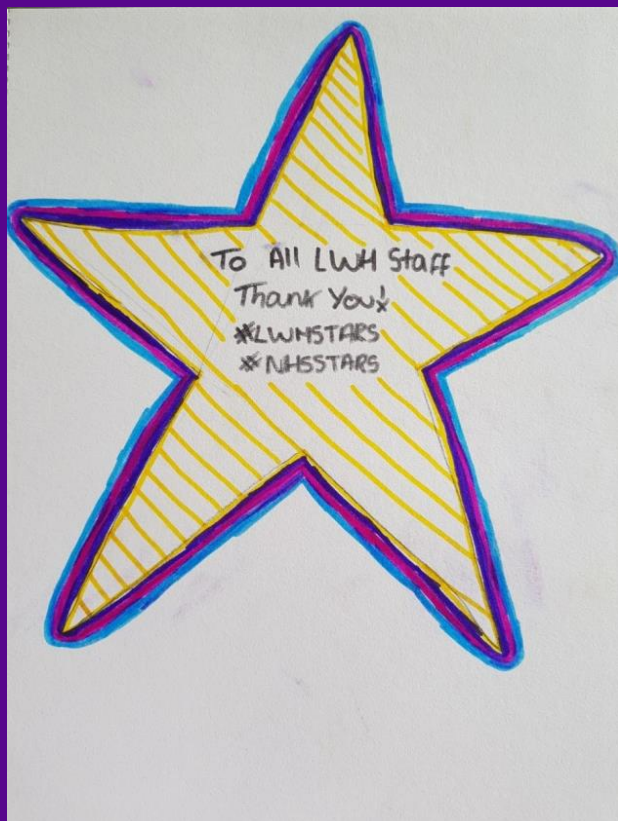


LWH STARS

To help boost positivity and morale, we encouraged our families, supporters, everyone to draw and decorate a star and write a message about someone they know who is a #NHSSTAR. This could be a family member, a friend or a neighbour risking themselves to help the community.

We were particularly interested in hearing about our staff – a nurse, a midwife, a neonatal doctor, a health care assistant, a honeysuckle midwife that has helped our supporters in the past. This was the perfect opportunity to give something back by writing a special thank you.

Our aim was to fill the social media with beautiful stars. This was free and a fun activity to do with the children. Here is our Visund #TeamLWH page: socsi.in/U2HtX



Thank you to everyone who donated on our page. We raised a fantastic £1,060 for our LWH stars.



On Friday 27th November 2020 our staff and supporters donned their brightest outfits to take part in our second 'Go Neon for Neonatal' day and fundraise for the Neonatal Unit and our Big Tiny Steps Appeal

We will be making Go Neon for Neonatal an annual event to support the work of our Neonatal unit and will this year be making it brighter than ever on **Friday 18th June!**

We are asking supporters, past patients, schools, companies, social groups, children's clubs and families to host a 'Go Neon for Neo Day' by wearing your brightest neon clothes for the day and donating £2 which will go towards our Big Tiny Steps Appeal and help us reach our fundraising target for the final phase of the appeal.

Don't forget to get in touch to let us know your plans and share your Neon photos!



Mabli Morris

Neonatal Graduate, 2 year old Mabli raised over £500 by going Neon for Neonatal in November 2020!

The Morris family have been supporting Liverpool Women's Hospital Charity since Mabli's stay on the Neonatal unit in 2018 and chose to fundraise for the final phase of our Big Tiny Steps Appeal after spending 6 weeks living in one of our family flats during Mabli's time on the unit.

We are so grateful for the family's incredible support and think Mabli is a superstar!

Mabli's Mum, Gail said:

Mabli was born in Liverpool Women's in 2018, 10 weeks early weighing just 1lb 5oz! We spent 6 weeks on the Neoant unit and were very fortunate that we were able to stay in the 'Family Flat'. This enabled Mabli's siblings to come and stay with us and be a family as best as we could in our very stressful situation. Now Liverpool Women's are in their last phase and need to refurbish the flats, we wanted to get involved to fundraise. The family flats are a facility that we were so so grateful to be given to stay in, and we were so happy to raise money to make them a nice space for families in a similar situation.



Sir Kenny Dalglish 7 Appeal

Liverpool FC legend Sir Kenny Dalglish celebrated his 70th birthday on 4th March and to honour the occasion, the Dalglish family set up the 7Appeal, to raise funds to support young families in the city who urgently require baby basics.



Sir Kenny said:

"While many other worthwhile causes have been supported during the last 12 months there is still a lot of support needed for young families, particularly pre-school aged children and babies. The essentials you need for a new baby and young kids are expensive and with many suffering job losses as a result of the pandemic, it has made it near-impossible for these families. I want to use my birthday to launch the 7Appeal and help as many families as possible."

Donations from the #7Appeal will go towards purchasing the following items:

- ▼ Baby bathing and changing bundles
- ▼ Baby and toddler food
- ▼ Cots, mattresses and bedding
- ▼ Baby and toddler safety equipment
- ▼ Playmats and sensory toys

If you would like to donate to support the 7Appeal please visit justgiving.com/campaign/SKD7

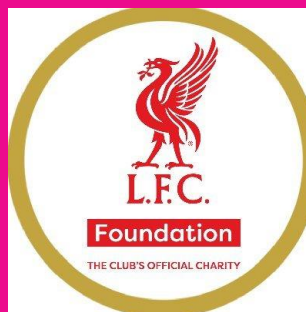
We are incredibly excited and grateful to be a part of the #7appeal and to have been chosen by the Dalglish family as one of the charity's to benefit.

LFC & Joie Partnership

To celebrate their birthday, Liverpool Football Club have kindly chosen to share their birthday celebrations with all babies born at Liverpool Women's Hospital in the month of June 2021. All babies born at Liverpool Women's will receive a birthday bundle from both LFC and Joie.

LFC will be including the following items in a gift bundle for our patients and their new addition...

- Baby hat and scratch mittens
- 50% Discount voucher for JOIE baby products
- Free Stadium Tour – until baby is 5 years old
- 10% discount on all baby items in the LFC store
- A Photo frame for first baby pictures



Support Sessions for Neonatal Dads

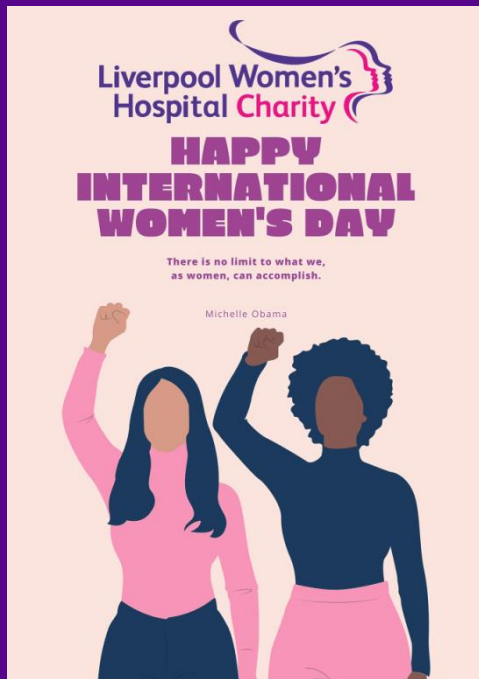
LFC Foundation will be running virtual support group sessions for Dads with babies staying on the Neonatal unit to help support them during their time at Liverpool Women's.

When a baby arrives early, requiring additional support it is an incredibly stressful and uncertain time for parents and family members.

The workshops will support Dads on their journey and provide them with an opportunity to discuss their experiences whilst offering techniques to help manage anxiety and stress.

Celebrating women in 2021

International Women's Day



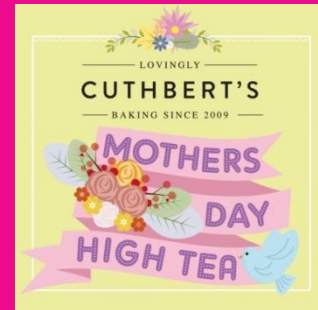
On 8th March we celebrated International Women's Day at Liverpool Women's. We are proud to be the only specialist Trust dedicated to women's health in the UK, pioneering treatment and research into women's health conditions.

Our female staff were given donations from **Clarin's** to celebrate the day and the incredible care they give to our female patients



Mother's Day

Local, well-loved bakery, Cuthbert's generously donated £450 to our Big Tiny Steps Appeal which was raised through the sales of their Afternoon Teas over the Mother's Day weekend.



Our online Mother's Day appeal received lots of lovely messages and donations from individuals who dedicated a flower on our virtual flower bed to their Mum or loved one.

Donations for New Mums

Local craft groups Teeny Treasures and Bournecrafts and Body Shop donated care packages for the Mums staying in the hospital over Mother's Day this year and were without visitors, owing to Covid regulations. The beautiful gifts helped spread joy to our patients and make their Mother's Day extra-special.



Neonatal

Liverpool Women's is a recognised centre of excellence for neonatal care - providing care for babies born prematurely, with low weight or who have a medical condition that requires specialist treatment.

Liverpool Women's Neonatal Unit takes care of more than 1,000 babies and their families every year from the Isle of Man, North Wales and other areas of the country. We ensure the whole family is included in the care and decision making of their baby in order to provide family-centred care of the highest quality

The charity's Neonatal funds provides specialist equipment and research to enhance the care given to poorly and pre-term babies and enhances the services provided to babies and their families.

In 2019 we launched our Big Tiny Steps Appeal, to support the build of our new Neonatal Unit at Liverpool Women's by providing cot-side comforts, kitchen facilities, an outdoor area, parent rooms, sibling areas, and much more. We are delighted to have achieved our aims to make the new unit the most comfortable environment for our babies and families.

The final phase of our appeal is to renovate our three flats to create a welcoming, home from home for our families who may live far away. (See page 4)



Honeysuckle

The Honeysuckle Team are the dedicated baby bereavement team at Liverpool Women's NHS Foundation Trust. The team provide care and support to women and their families following pregnancy loss at any of stage pregnancy, stillbirth and early neonatal death. The team offer families practical advice and information at the time of their loss, this includes explaining the formalities that are involved and helping to guide families through the choices they may face at such a difficult time in their lives.

The team also provides ongoing support to families through a number of ways including:

- A monthly support group offering families the opportunity to meet and share their stories with others who have gone through similar experiences in a relaxed environment as well as meeting individuals from local and national organisations who can provide specialist support
- On social media through 2 closed Facebook groups
- A library of books and leaflets that can offer support to all family members including siblings and grandparents
- Events such as annual summer picnic and annual remembrance service offering families the opportunity to come together to celebrate and remember their babies.



All of the ongoing support provided by the team is funded through charitable donations. If you would like to make a donation or fundraise for our Honeysuckle team, please email fundraising@lwh.nhs.uk

Gynaecology

As one of the only trusts in the UK dedicated to the care of women, we understand the sensitivities of female health and offer a comprehensive range of gynaecology services.

As well as providing a specialist service for urogynaecology and miscarriage, we are the specialist regional centre for cancer services, known as gynaecology oncology. We have a 24 hour gynaecology Emergency Room and Early Pregnancy Assessment Unit, giving access to medical treatment and ultrasound scans for women who experience a gynaecology emergency

The charity provides specialist medical equipment, funds research and enhances services to ensure our gynaecology patients are given the best care possible.



Hewitt Fertility

The Trust boasts one of the world's leading reproductive medicine units: The Hewitt Fertility Centre.

The centre gives people their very best chance of a successful pregnancy. The centre is the largest reproductive medicine facility in the country, performing an average of over 3,000 treatment cycles a year!

The charity supports services on the Hewitt Fertility Centre to make the environment as comfortable as possible for our patients.



Maternity

Every day, on average, 24 babies are born in Liverpool Women's Maternity Unit and another three babies are born prematurely and cared for in our Neonatal Unit. As the largest single site maternity hospital in the UK, we pride ourselves on being the hospital of choice for thousands of expectant mothers.

Our highly-skilled team of consultants, obstetricians and midwives support patients at every step of their journey. We also offer specialist clinics that care for women with medical and obstetric complications.

The charity supports the introduction of innovative equipment and funds improvements to patient areas and services on the Maternity unit, along with much more.

Staff Support

We are proud to have an incredible team of staff who work hard to provide the best care for women, babies and their families. Each member of staff works tirelessly to ensure our patients are kept safe and the charity raises funds to support our staff through training and staff welfare initiatives.



Thank you to our Volunteers

To our wonderful Volunteer Team

We wanted to acknowledge that it is now 1 year since we were locked down, to protect the NHS and save lives. It's been the most incredible journey and at times very difficult but we did and that is down to the fact we have the most fantastic volunteer team, which have adapted to the Hospital's needs.

THANK YOU for all your contributions, support and for going the extra mile, it's been an experience we will never forget. With your help we have achieved the following:

- Fulfilled over 500 staff Birthday Bags
- Supported the process of getting the Little Woollens Shop online
- Sorted through hundreds of bags of knitting
- Helped distribute 250 staff hoodies to celebrate our 25th birthday
- Helped patients navigate their way around the Hospital as they were alone as a strict patient only policy was introduced
- Been a friendly welcoming presence in our reception
- Brought us cake and kindness
- Helped with our pantry appeal for families in need
- Helped distribute the gifts in kind the Hospital was fortunate to achieve
- Staffed the first patient Covid check points on entrances
- Supported the distribution of Lateral Flow Tests for staff
- Put together the LAMP testing kits
- Delivered parcels to inpatients from their families
- Helped the Honeysuckle and Chaplaincy teams provide telephone support to families
- Supported one another and helped train new starters
- Attended our first ever virtual annual celebration

You are all fantastic and deserve praise beyond my words of gratitude, the hospital is a better and place for our staff and patients thanks to your help and commitment. Talking of commitment, I just want to say a special thank you to the following volunteers who have demonstrated commitment above and beyond since returning to volunteer during the pandemic:

Barbara Webster
Diane Jones
Gill Caryl
Tolulope Adeoye
Lauren Clansey
Katy Coffey
Michael O'Hanlon
Ann Burns
Mina Chalabianlou
Lucy Kavanagh
Gabriella Martin.



Thank you for your continued support and care, and I know many of you who have not been able to volunteer during the pandemic are keen to return - I am so looking forward to welcoming you back very soon.

Gina
Volunteering Service

Ways to donate

There are lots of ways you can support the work of Liverpool Women's help us enhance the services for the women, babies and families in our care. All donations are gratefully received and will directly benefit our patients, families and visitors.

Cheque Donations

Please mark cheque donations for 'Liverpool Women's Charity' and send to:
Liverpool Women's Hospital Charity
Crown Street
Liverpool
L8 7SS

Bank Transfer & Standing Orders

Contact fundraising@lwh.nhs.uk if you could like to make a donation or pay money you have raised by direct bank transfer. If you require bank details to make a monthly gift by standing order, please get in touch.

Just Giving

Both one-off donations can be made and regular gifts can be set up through our charity's Just Giving page. Simply visit
www.justgiving.com/liverpoolwomen

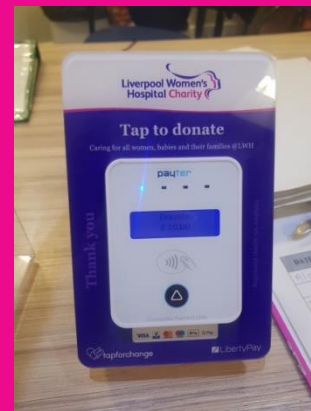
Facebook

You can now make a donation to support the hospital directly through our Facebook page 'Liverpool Women's Charity' by simply clicking the 'Donate' button located at the top of our page



Contactless Terminals

Our new contactless terminals are located at two points in our main reception and in our Gynaecology outpatients reception ready to accept your donations to support the charity if you are visiting the hospital



Text Donations

If you would like to support all areas of the hospital and enhance our general services please text LIVERPOOLWOMENS to 70085 to donate £5.00

You can also donate via text to support a specific area of the hospital...

BIGTINYSTEPS to 70085 to donate £10.00

HONEYSUCKLE to 70085 to donate £5.00

WOMENSHEALTH to 70085 to donate £5.00

BREASTFEEDING to 70085 to donate £10.00

Texts cost £5 plus one standard rate message

Amazon Smile

Did you know that you can raise money whilst shopping on Amazon Smile?

AmazonSmile lets you enjoy the same wide selection of products as Amazon & makes a 0.5% donation to charities – to learn more by visiting <https://smile.amazon.co.uk/>

smile.amazon.co.uk

Get involved in Fundraising

We rely on the motivation and generosity of our incredible supporters to raise the vital funds needed to support the hospital services and are always inspired by the creativity and drive of individuals and groups who set themselves challenges to fundraise.

If you are keen to fundraise for us, please get in touch by emailing fundraising@lwh.nhs.uk. We will provide you with a fundraising pack, help promote your planned activities and support you throughout your fundraising journey.

Facebook Fundraising

In February 2021 we were excited to launch both Facebook Fundraising tools, with 100% of the money donated coming directly to the charity.

If you have a birthday coming up, are marking a special occasion, or taking part in your own event, you can now raise money through your own Facebook Fundraising page.

You can set your own fundraising target, how long you would like your fundraiser to run for and details of your planned fundraising and simply share with your followers and online community to allow your friends and family to support you.

Simply follow
<https://www.facebook.com/fund/LiverpoolWomensCharity>



Just Giving



Setting up an online fundraising page for your planned event is simple following these steps

1. Log on to www.JustGiving.com
2. In the "Find a Charity" box, type in "Liverpool Women's Hospital Charity"
3. You can then set up your own fundraising page
4. When explaining why you are fundraising, please make it clear where you would like your fundraising to go to within the hospital.

Visufund



1. Log on to <https://visufund.com/charities/liverpool-womens-charity>
2. Click onto "Fundraise for Liverpool Women's Charity"
3. Search through the different templates available and click "Create a page with this template"
4. We pay 3.9% commission charge on all donations made via Visufund



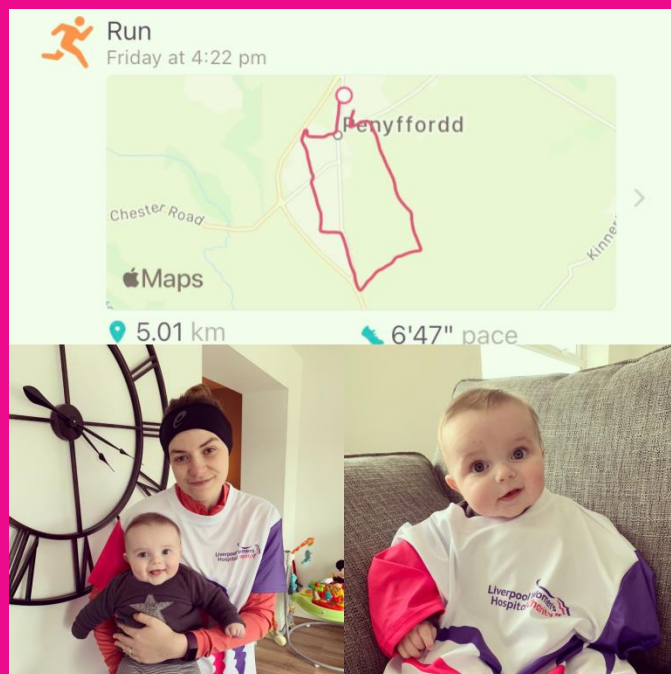
Meet our Supporters...

Our supporters Donna and Ian have chosen to leave a gift in their Will for our Neonatal unit following the time they spent on the unit with their son Cameron before he passed.

"My wife Donna and I were parents of Cameron, a baby boy delivered at 27 week's gestation who was cared for by the team on the Neo Natal unit at the hospital. Cameron spent 3 months in nursery 7 where the Consultants, Doctors, amazing Nurses and support staff looked after him in the most fantastic, caring, dignified way.

Our boy never came home with us but the staff at the hospital made the time we did have with him no less special than any other parents with a new baby, all be it in the most difficult of circumstances some days."

If you would like to find out more information on how to leave a gift in your will, please contact the Fundraising Team on fundraising@lwh.nhs.uk



Let's hear if for the amazing ladies from craft group Teeny Treasures who have raised an incredible £1,100 for the Honeysuckle Team. The money raised will be used to purchase Moses baskets and stands to use with cuddle cots, allowing families to make precious memories with their babies at home.



We would like to give Carly McDonald a massive thank you for completing a 5K Challenge for our Big Tiny Steps Appeal. Carly wanted to fundraise for our Neonatal Unit after the fantastic care her baby boy, Conor, received here at the Liverpool Women's.



Meet our Supporters...

We would like to give Emma, Sophie & Tom a very special THANK YOU! Emma, who is a neonatal nurse here and Sophie, who is a district nurse, wanted to help raise vital funds for our Neonatal Unit in memory of their friend Kayleigh's Baby, Paul. These three wonderful fundraisers have raised a fantastic £5,765!!! The money raised will make a significant difference for all families that have to use our neonatal services



Massive thank you to our amazing 25 for 25 Challenge fundraiser, Jess Taylor, who raised an incredible £1,625 for the Neonatal Unit! Jess undertook the challenge of walking a whopping 25,000 steps each day for 25 DAYS, whatever the weather, to raise money for the care given to babies and families on the unit.



Let's hear it for Lisa Sandford, Helen Semple and Gill Dolan for each running 50 miles in 30 days to help raise funds for our Fetal Medicine Unit.

In total they raised a fantastic £1,975.95 all in memory for Lisa's baby boy, Harrison Sandford-Challinor and for the fantastic care her second born, Ruby Valentina Challinor received from the FMU. Thank you Lisa, Helen and Gill for supporting the Liverpool Women's Hospital Charity.



THANK YOU Deepak, who has raised an incredible £1,110 for our Cancer Research Fund through running TWENTY half marathons in 2020!



Meet our Supporters...

Massive THANK YOU to Team 1c for their incredible support once again! Congenital heart disease means a heart condition or defect that develops in the womb, before a baby is born. 1 in 125 babies each year are born with CHD and around 300 infants in the U.K. die every year because of it. Team 1C will be sharing some stories to help raise awareness and raise money for Liverpool Women's Hospital, where most of the member's journey's began

You can checkout their fantastic Visufund page here: <https://visufund.com/team-1c-chd-heart-week-2021>



A very special thank you to the Morrissey family. With Anais turning 5 last year, the family wanted to help raise funds for the Neonatal Unit as a thank you for the care Mum, Ashley, Dad, John and Anais received 5 years ago.

They left Liverpool Women's Hospital with an overwhelming gratitude for their efforts, an admiration for the staff and an unrivalled sense of pride that we have this incredible facility, a service open and available to all right here in the city that we live. In total they raised an amazing £1,802.52!!! Here Anais showing her charity certificate. Thank you Anais, Ashley and John for wanting to support other families that use our Neonatal service.



Let's hear it for inspirational fundraiser Kerry Powell who visited Liverpool Women's Hospital to present Consultant Gynaecological Oncologist, Robert Macdonald, with £1200 after completing a 10 mile walk in January. Kerry walked 10 miles from her home in St Helens to Knowsley Safari Park and back to raise money for our Gynaecology Oncology fund and give something back to the team who cared for her in 2014.

Kerry said, "I underwent a radical hysterectomy performed by Doctor Macdonald back in May 2014. I am so very grateful for all his and his colleagues hard work. They saved my life."



Meet our Supporters...

We would like to specially thank Jess Lee & Jay Jones for their incredible support for our Honeysuckle Bereavement Team

"Me and James wanted to raise money for the amazing Honeysuckle team who looked after us during the worst possible time of our lives losing our son Albie Jones who was born sleeping at 17 weeks on 19.01.2021 at 6.45am was the most heartbreaking thing we have ever been through and the Honeysuckle team was so comforting and compassionate throughout our time with them! Raising money was so we could give back because without them we wouldn't of known where to begin with the whole process of organising his funeral etc.. and if any families unfortunately who may have to go through what we have will receive the most amazing care as we did! Giving back was so just important to us we know money wouldn't compare to what they done for us but it will definitely help!! We can't thank them enough and they will always have a special place in our hearts! Thank you so much all our love Jess, Jay and Albie Jones xx"

Jess & Jay raised an amazing £1,760 all in little Albie memory



A very special shout out to Darren Sumner who completed 100km in 24 hours in April 2021 to help raise vital funds for our next steps of the #bigtinysteps appeal to show his appreciation and support for the heroic doctors and nurses after the care his second Granddaughter, Emilia-May Poppy received at our Neonatal Unit. Daz raised an incredible £3,681!

"Without the amazing staff in the Liverpool Women's Hospital NICU, our little bundle of love wouldn't be in the fantastic position she is in now. There's still a long way to go, and it's been a very rocky road thus far, but Emilia is growing stronger by the day. She won't be coming home for a while yet as she still needs a lot of care".



Daz and his daughter, Katie, have decided they would like to fundraise again for the Neonatal Unit. Daz will be completing his first marathon and Katie, his daughter, will be doing a 5K at the Rock 'n' Roll Liverpool event in October.

Thank you so much for the Sumner family for their incredible continued support.

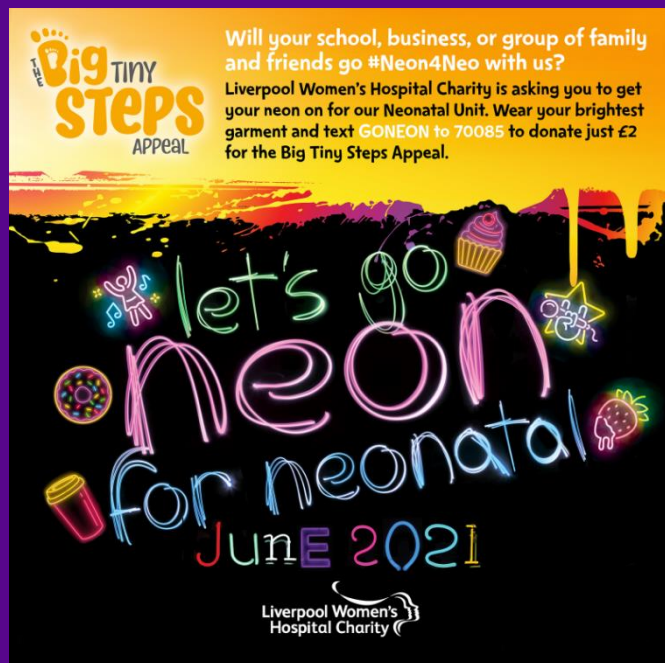
Go Neon for Neo June

We are asking schools, companies, social groups, children clubs and membership groups to host a 'Go Neon for Neo Day' in June at a date and time that suits you.

We ask that everybody wears their brightest neon clothes for the day and donate £2 which will go towards our Big Tiny Steps Appeal and our babies it supports.

Liverpool Women's Charity can help you to publicise your event by providing you with posters, flyers, balloons and t-shirts to help encourage and inspire the community to get involved.

We will be taking part in our annual 'Go Neon' day in the hospital on Friday 18th June so if you are visiting, or would like to take part on the same date, please let us know! Let's make it the biggest and brightest day yet for our Neonatal Unit.



DISCLAIMER

Due to fast changing government advice on the Covid Pandemic, please be aware the dates of all our events are subject to change. Our number one priority is to ensure the safety of all our supporters

NHS Big Tea 5th July



On **Wednesday 5th July**, we'll take a tea break like no other.

This year, the NHS Big Tea will be a national outpouring of love, thanks, and generosity for the people at the heart of our NHS. At 3pm, we'll be stopping to share our heartfelt gratitude to every clinician, nurse, support worker, hospital porter and paramedic who's put themselves on the line this year to keep us and our loved ones safe.

Please email fundraising@lwh.nhs.uk for an NHS Big Tea fundraising pack and materials for your event

Summer Fun Fair 23rd & 24th July

Come and join us for 2 days of fun fair magic and support our fantastic fundraising to make a difference to all the women, babies and their families. We are looking forward to two jam packed fun filled days, including inflatable fun, stalls, tombola's and a raffle and even an appearance from some special guests!

The event is open to all and we can't wait to welcome our local community and supporters for what is set to be a great few days.

The event will take place on 23 – 24 July on the car park opposite the main reception at Liverpool Women's. Please keep an eye on our social media for further details.



Pink & Purple Pram Push 17th September

We will be hosting our first ever Pram Push in September at Croxteth Park to raise funds for the Neonatal Unit via the Big Tiny Steps Appeal.

Please join us with your family for £10 to help support families at their most vulnerable when their baby is critical ill. Family Ticket = 4 participants but let us know if your group is larger. To purchase tickets please contact fundraising@lwh.nhs.uk

Sponsorship of this fun challenge is encouraged to help boost our fundraising. If you would like to set up a Just Giving page, follow this link here: <https://www.justgiving.com/liverpoolwomen>

The route is perfect for all ages and abilities and we welcome babies, children, wheelchairs, adults of all ages and of course dogs! There will also be a face painting and celebrity guests! Please come join the fun and show your support for our preterm and sick babies.



Challenge Events

Sign up to one of these challenge events
and drop us an email for a fundraising pack
– fundraising@lwh.nhs

Run Aintree 5K, 10K & HALF

09/05/2021

<https://www.runaintree.com/>

Warrington Running Club 5 Mile Trail

26/05/2021

<http://www.warringtonrc5miler.co.uk/>

Chase the Sun Cheshire 5k & 10k

09/06/2021

<https://www.letsdothis.com/gb/e/chase-the-sun-cheshire-5k-10k-0-june-188095>

Port Sunlight 5Km & 10Km

13/06/2021

<https://entries.runabc.co.uk/e/port-sunlight-5km-and-10km-968?preview=1>

Liverpool Chester Liverpool Bike Ride

04/07/2021

[Register | Liverpool Chester Liverpool 2021](#)

Tough Mudder North West

04/09/2021

<https://toughmudder.co.uk/weekends/north-west-2021/>

Liverpool South 10K

05/09/2021

<https://www.runaintree.com/>

Liverpool Half Marathon

12/09/2021

<https://entries.runabc.co.uk/e/liverpool-half-marathon-and-10-miler-973?preview=1>

Essar Chester Half Marathon

19/09/2021

<https://www.activeleisureevents.co.uk/half-marathon>

Mersey Tunnel 10K

26/09/2021

<https://entries.runabc.co.uk/e/mersey-tunnel-10k-974?preview=1>

London Marathon

03/10/2021

MBNA Chester Marathon

03/10/2021

[Warrington R C 5 mile race series](#)

Loggerheads Trail 5 & 10 Mile Races

08/10/2021

<https://out-fit.co.uk/e/loggerheads-trail-5-and-10-mile-races-55>

Rock 'n' Roll Liverpool

23/10/2021 - 24/10/2021

https://www.runrocknroll.com/liverpool?gclid=EAlaIqobChMljPOQ8Jr77wIvO_tCh129Qo0EAAYASAAEgJSYPD_BwE

Run Alton Towers Half Marathon 2021

13/11/2021

<https://www.runthrough.co.uk/event/run-alton-towers-half-marathon-2021/>

3 Peaks Challenge

Key Points

Challenge Duration	Activity Duration	Challenge Distance
3 days	2 days	22 miles (approx)
Challenge Grading	Accommodation Type	Min. Numbers Required
Extreme	Bunkhouse and bus!	15

Registration Fee £75 + Min Sponsorship £770

18 Jun 2021 - 20 Jun 2021

<https://booking.globaladventurechallenges.com/?id=0903&d=UK3P18062021&r=1&charity=10380>

3 Sept 2021 – 5 Sept 2021

<https://booking.globaladventurechallenges.com/?id=0903&d=UK3P03092021&r=1&charity=10380>

Conquer some of the UK's giants on this classic challenge. With a target trekking time of 15 hours (the equivalent available trekking time for the traditional 24 hour challenge) or less and a maximum available trekking time of 18 hours, you'll climb around 9,500 feet and have walked approx. 21 miles. It's no wonder this charity challenge is the most highly regarded trekking challenge in the UK!



A tough challenge, yes, but with the support of your peers you can conquer this classic charity challenge.

Cycle Mallorca

Key Points

Challenge Duration	Activity Duration	Challenge Distance
5 days	3 days	314km
Challenge Grading	Accommodation Type	Min. Numbers Required
Tough	Hotels	25

Registration Fee £249 + Min Sponsorship £2,674

22 Sept 2021 – 26 Sept 2021

<https://booking.globaladventurechallenges.com/?id=22092021&d=CM22092021&r=1&charity=10380>

Join Global Adventure Challenges as they take in the best of Mallorca's stunning climbs and ever-changing landscapes! You would start your adventure in Palma, pausing for a few fun laps of the Sineu Velodrome before climbing into the Tramuntana mountains to take on the twists and turns of the breathtaking Sa Calobra - a classic cycle route made famous by Team Sky. The best scenery however is saved for last, as you start your final day with a ride up the road to Orient, before a fun descent to the winding roads that hug the coastline all the way to Andratx.



This incredible challenge is perfect for experienced riders looking for their next challenge, or those new to cycling with a strong commitment to training, looking for a long weekend adventure!

If you would like to find out more info for either of these fundraising challenges, please email fundraising@lwh.nhs.uk

**Liverpool Women's
Hospital Charity**

Here at Liverpool Women's Charity we are always available to talk to you. Our role is to support you, in anyway we can.

There are many ways you can contact us

Email: fundraising@lwh.nhs.uk

Post: Liverpool Women's Charity

Liverpool Women's

Crown Street

Liverpool

L8 7SS

Our charity number is 1048294.

You can read our privacy policy by clicking [here](#) and you can unsubscribe at any time by emailing fundraising@lwh.nhs.uk

You can also follow our work on our website

www.liverpoolwomens.nhs.uk/charity

Social Channels

