



# Welcome to OPAL TEAM

If you are registered with a GP surgery in the following GP practices you will be under the care of the Opal team for every step of your pregnancy:

- Abercromby GP practice
- Brownlow Health at Princess Park
- Greenbank GP practice
- Park Street GP practice
- St James GP practice

#### **Antenatal Care**

The Opal team of midwives are committed to providing you with the care and support you need, and to making sure you have all the information required for you to make the right choices for you and your baby.

One of the team midwives will be responsible for planning and providing most of your care (your named midwife) and you will also have the opportunity to meet the other midwives in the team throughout your pregnancy.

If you need to be seen by a member of our medical team we will ensure you are seen by an appropriate specialist who will provide all of your medical care alongside your named midwife.

### Where will I have my appointments?

The majority of your antenatal appointments will be carried out by your named midwife and your appointments can take place at your home, Children's Centre or the hospital. We aim to provide appointments at a time and place that suits you.

You will also be given an opportunity to meet the other midwives in the team at some time during your pregnancy.

If you develop any complex care needs during your pregnancy you will be referred to an appropriate obstetrician but we will share care with the consultants where this is appropriate. We will discuss this with you should this need arise.

## **Care during birth**

As part of the continuity pathway our aim is that a midwife you have met or know from the team will care for you either during your labour or caesarean section.

### **Postnatal care**

Following the birth of your baby most of your postnatal care will be provided by your named midwife and her partner midwife who will visit you at home.